



Estero Bay Senior Questionnaire

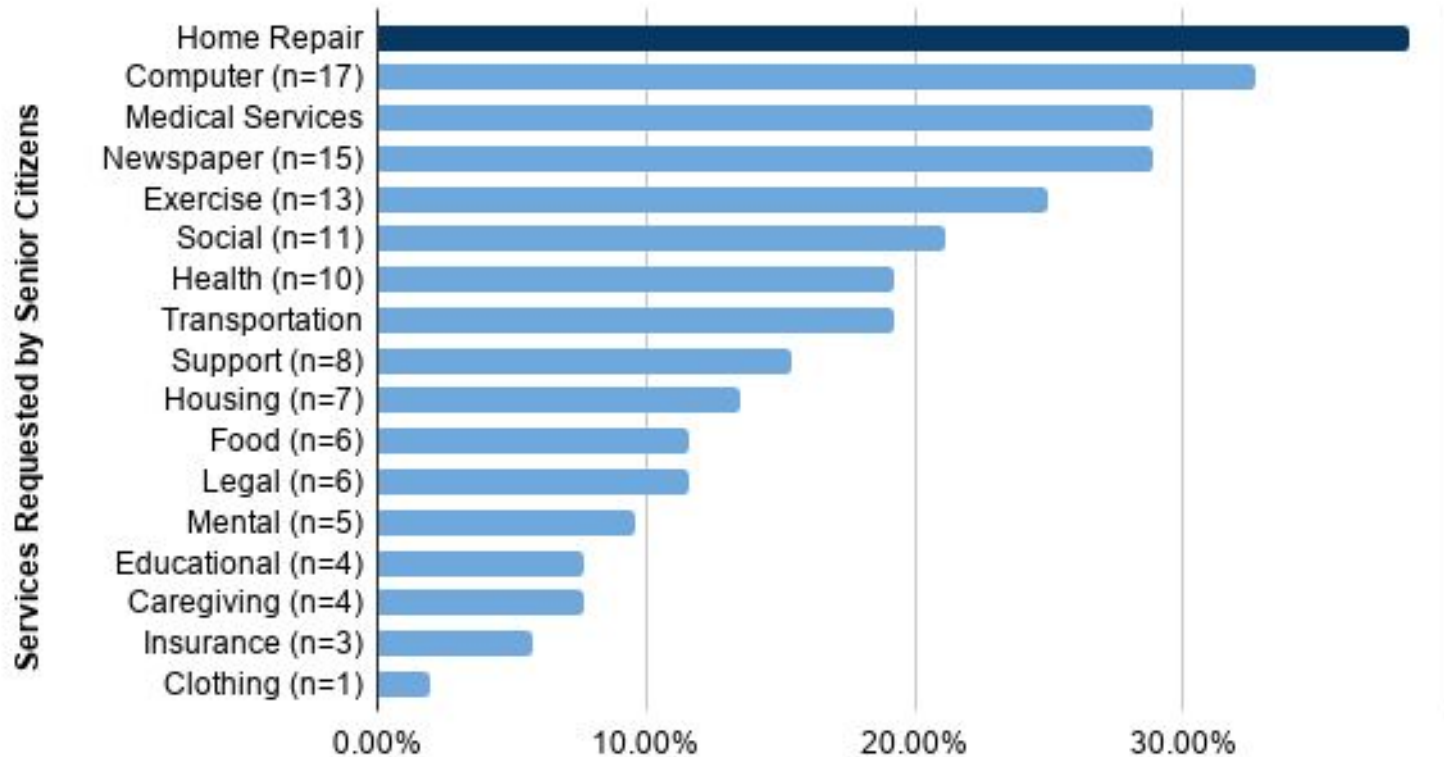
- This questionnaire was developed to find out exactly what the resources and services Seniors in the Estero Bay need to have for a better life. All the communities of Estero Bay are different, we know that services in one area are not met in others. Socialization, communication, access to transportation, access to health care are some that we see lacking in most areas.
- Working together in collaboration knowing what works and what doesn't is a key to helping our seniors.
- Los Osos Cares, Inc. has been awarded a Dignity Health Community Grant to help underserved seniors, families and homeless in Estero Bay. To the best of our ability we will help those in need find help and services to improve their standard of life.
- The results of both the Pre-Pandemic and Post Pandemic questionnaires are shown in the following reports. We received a total of 313 responses from both questionnaires in the combined area of Los Osos, Morro Bay and Cayucos.

Introduction

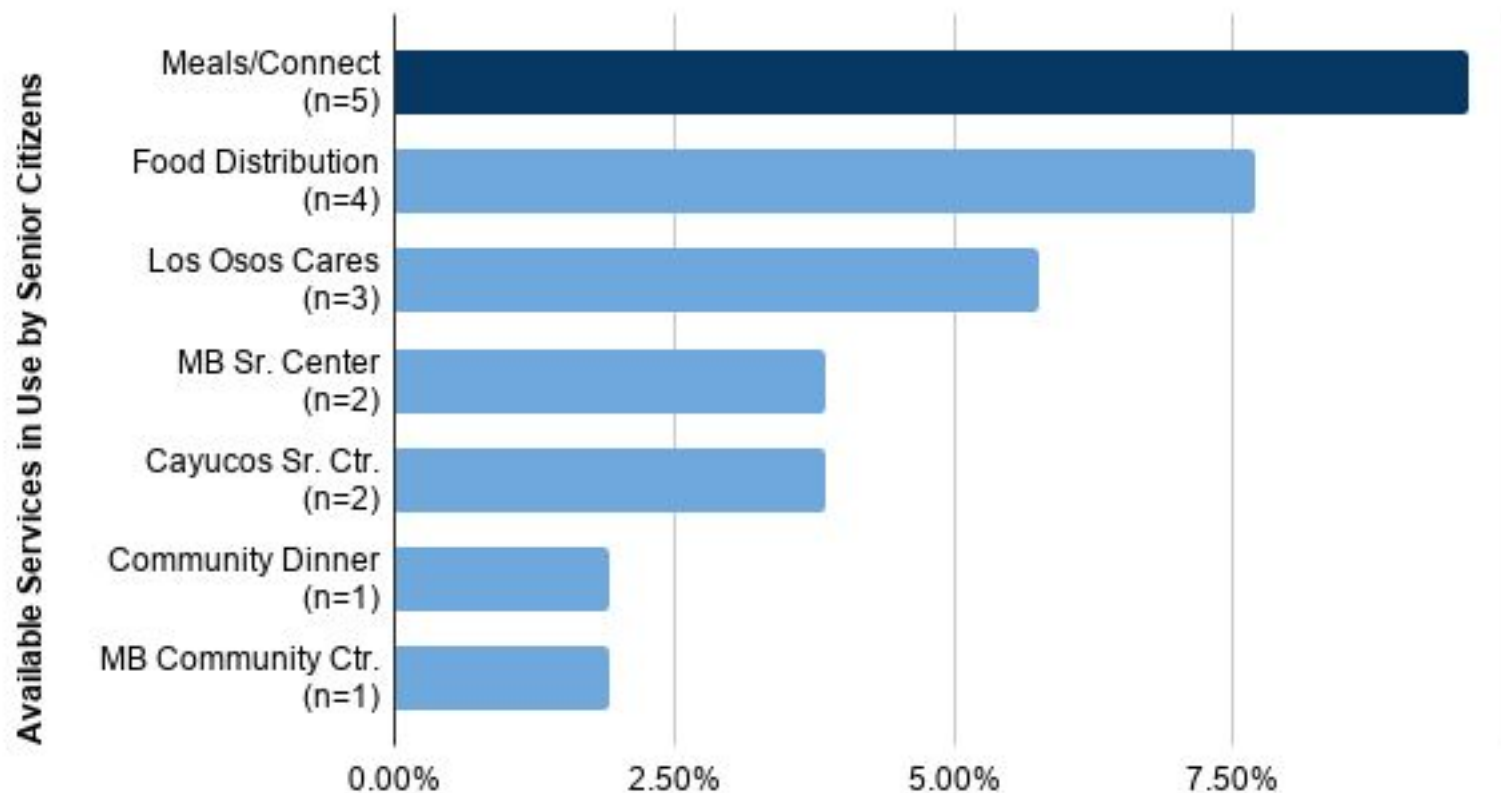
- The data presented has been collected from the Estero Bay Senior Citizen Needs questionnaire. The questionnaire was distributed in September to the end of October from the Los Osos Cares Senior Program, to citizens in Los Osos, Morro Bay and Cayucos.

- The Post- pandemic questionnaire had a total of 103 respondents; there were 52 respondents from Los Osos, 34 respondents from Morro Bay and 17 respondents from Cayucos. The questionnaire consists of 10 separate questions. The first question asks the respondent what age bracket they belong to. The second asks respondents what their primary language is. The third question asks respondents which town they reside in. The fourth question asked respondents to write down what services or programs they currently use or have used in the past. The fifth questions asks respondents to choose what services or programs they could benefit from. The sixth question asks where they go for daily news. The seventh question asks whether they have a emergency contact or not. The eighth questions asks respondents if they or their spouse is a veteran. The ninth question asks if they have a disability or not. The tenth question asks if they have the ability to use the internet. The tables presented reflect the percentages that were calculated from the number of respondents that pertain to each town in regards to questions one, two, three, six, seven, eight, nine and ten. The graphs presented reflect the percentages that were calculated from total number of respondents that pertain to each town in regards to questions four and five.
- Thank you to Barbara Bellenger for calculating all the questionnaires and to Claudia Reyes for her expertise in the graphs and presentation of the report.

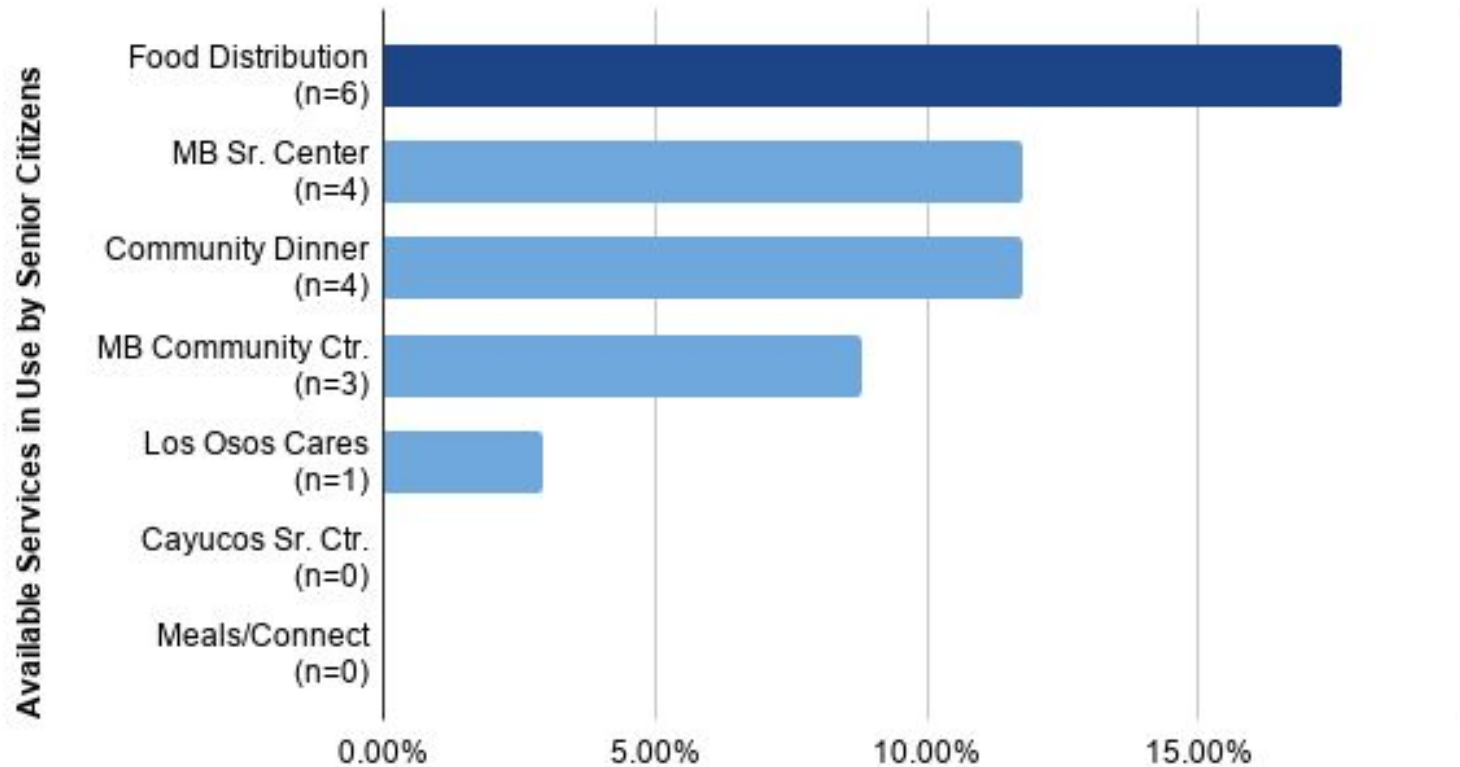
Percent Services Requested by Senior Citizens



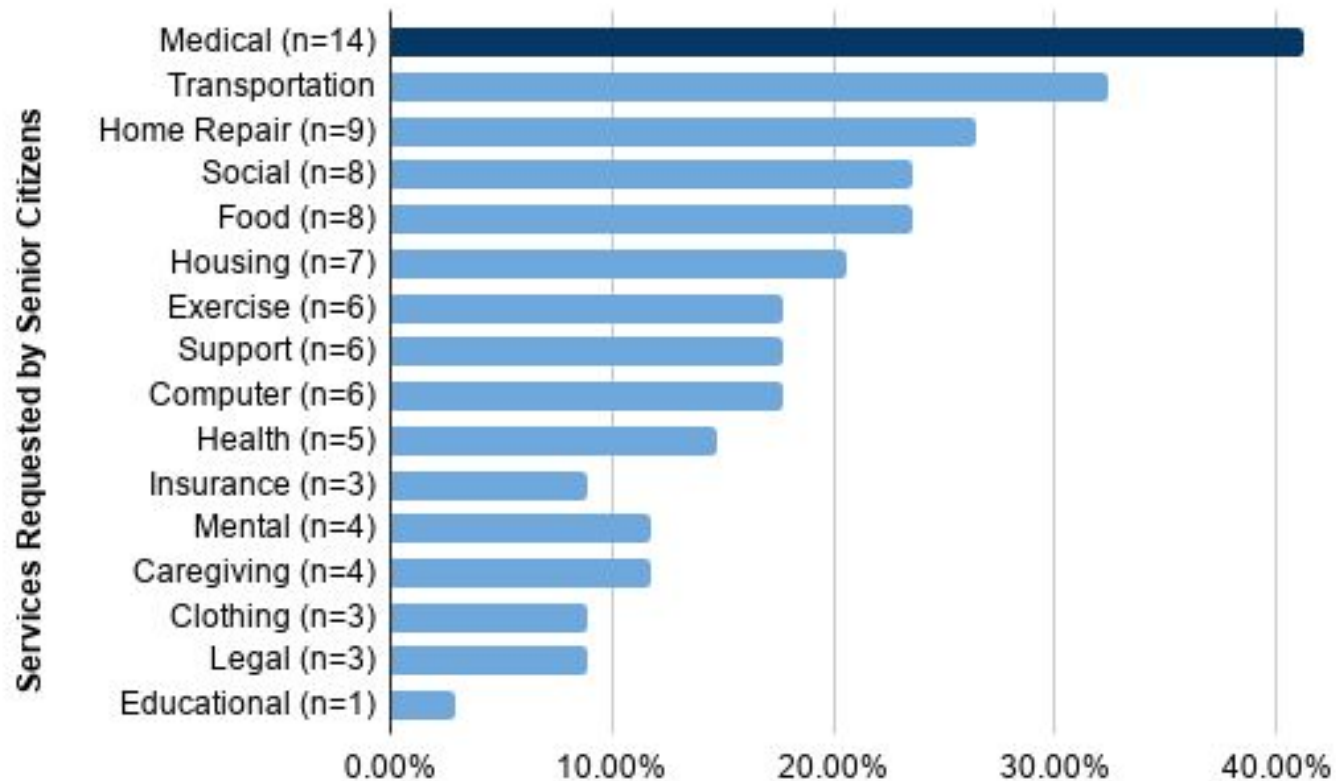
Percent Available Services in Use by Senior



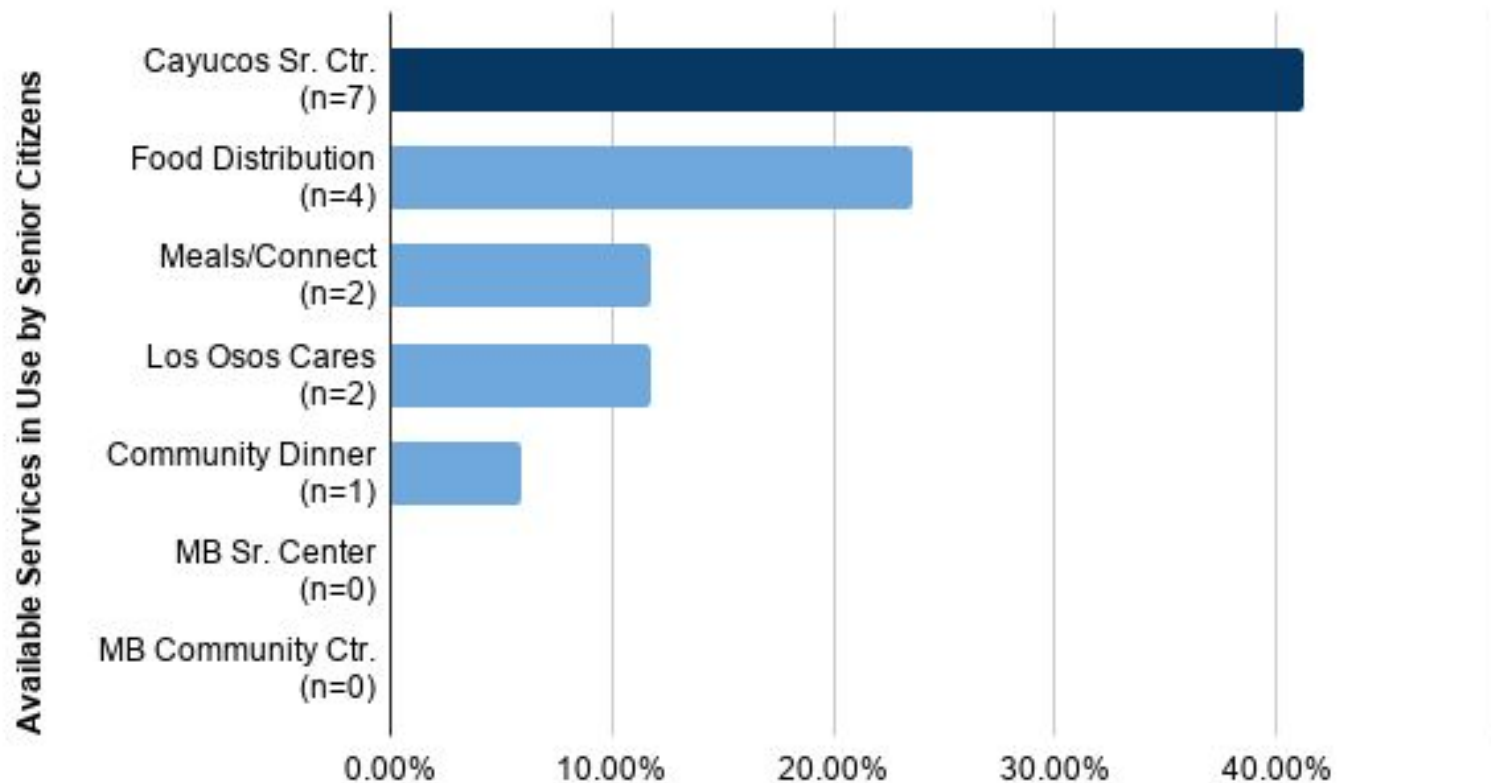
Percent Available Services in Use by Senior



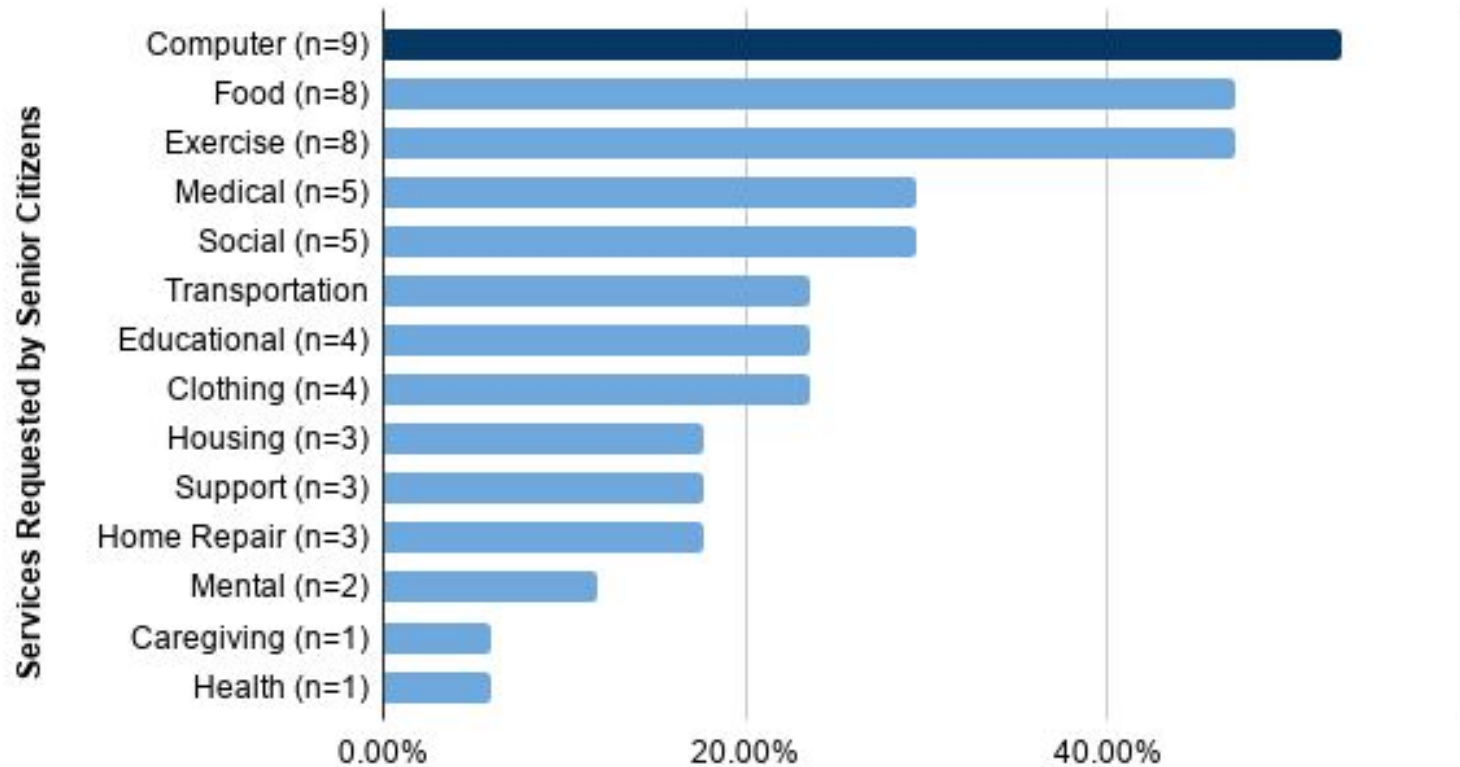
Percent Services Requested by Senior Citizens



Percent Available Services in Use by Senior



Percent Services Requested by Senior Citizens



Los Osos

Estero Bay Senior Citizen Need Assessment Survey Responses from Senior Citizens in Los Osos

Total Number of Respondents (N=52)

Age Distribution	
	Count
<55	0
55-65	3
66-75	24
76-85	12
86+	11
Total Responses	50
Total Respondents	52

Age Distribution (N=52)	
	Percentages
<55 (n=0)	0.00%
55-65 (n=3)	5.77%
66-75 (n=24)	46.15%
76-85 (n=12)	23.08%
86+ (n=11)	21.15%

Source of News Information	
	Count
TV	29
Newspaper	15
Radio	6
Internet	25
All	6
Total Responses	81
Total Responder	52

Source of News Information	
	Percentages
TV (n=29)	55.77%
Newspaper (n=1)	28.85%
Radio (n=6)	11.54%
Internet (n=25)	48.08%
All (n=6)	11.54%

Language	
	Count
English	46
Spanish	2
Other	2
Total Responses	50
Total Respondents	52

Language (N=52)	
	Percentages
English (n=46)	88.46%
Spanish (n=2)	3.85%
Other (n=2)	3.85%



Services Requested		Services Requested (N=52)		Housing Circumstance		Housing Circumstance	
	Count		Percentages		Count		Percentages
Home Repair	20	Home Repair (n=20)	38.46%	Rent	14	Rent (n=14)	26.92%
Computer	17	Computer (n=17)	32.69%	Own	32	Own (n=32)	61.54%
Medical Services	15	Medical Services (n=15)	28.85%	Homeless	1	Homeless (n=1)	1.92%
Newspaper	15	Newspaper (n=15)	28.85%	Displaced	0	Displaced (n=0)	0.00%
Excercise	13	Excercise (n=13)	25.00%	Total Responses	47		
Social	11	Social (n=11)	21.15%	Total Responder	52		
Health	10	Health (n=10)	19.23%				
Transportation	10	Transportation (n=10)	19.23%				
Support	8	Support (n=8)	15.38%	Emergency Contact		Emergency Contact (N=52)	
Housing	7	Housing (n=7)	13.46%		Count		Percentages
Food	6	Food (n=6)	11.54%	Yes	48	Yes (n=48)	92.31%
Legal	6	Legal (n=6)	11.54%	No	4	No (n=4)	7.69%
Mental	5	Mental (n=5)	9.62%	Total Responses	52		
Educational	4	Educational (n=4)	7.69%	Total Responder	52		
Caregiving	4	Caregiving (n=4)	7.69%				
Insurance	3	Insurance (n=3)	5.77%				
Clothing	1	Clothing (n=1)	1.92%				
Other	0						
Total Responses	155						
Total Respondents	52						

Veteran		Veteran (N=52)		Disabled		Disabled Percentages (N=52)	
	Count		Percentages		Count		Percentages
Yes	9	Yes (n=9)	17.31%	Yes	16	Yes (n=16)	30.77%
No	42	No (n=42)	80.77%	No	0	No (n=0)	0.00%
Total Responses	51			Total Responses	16		
Total Respondents	52			Total Responder	52		
Vet Spouse		Vet Spouse		Access to Internet		Access to Internet (N=52)	
	Count		Percentage		Count		Percentages
Yes	12	Yes (n=12)	23.08%	Yes	43	Yes (n=43)	82.69%
No	37	No (n=37)	71.15%	No	0	No (n=0)	0.00%
Total Responses	49			Total Responses	43		
Total Respondents	52			Total Responder	52		

Available Services in Use by Senior Citizens		Available Services in Use by Senior Citizens (N=52)		Additional Needs of Senior Citizens in Los Osos (n=11)	
	Count		Percentages		
Meals/Connect	5	Meals/Connect (n=5)	9.62%	Book Keeping	
Food Distribution	4	Food Distribution (n=4)	7.69%	Taxes	
Los Osos Cares	3	Los Osos Cares (n=3)	5.77%	Someone to Check on Me	
MB Sr. Center	2	MB Sr. Center (n=2)	3.85%	Woodworking Workshop	
Cayucos Sr. Ctr.	2	Cayucos Sr. Ctr. (n=2)	3.85%	Volunteer Opportunities	
Community Dinner	1	Community Dinner (n=1)	1.92%	Finacial Help with Home Repairs	
MB Community Ctr.	1	MB Community Ctr. (n=1)	1.92%	Yard Maintenance	
Total Respones	18			Covid Update each Month	
Total Respondents	52			Therapist	
				House Cleaning	
				Senior Activities	
				Learn Path to Home Ownership	

Morro Bay

Estero Bay Senior Citizen Need Assessment Survey Responses from Senior Citizens in Morro Bay

Total Number of Respondents (N=34)

Age Distribution	Count
<55	0
55-65	8
66-75	13
76-85	7
86+	3
Total Responses	31
Total Respondents	34

Age Distribution (N=34)	
	Percentages
<55 (n=0)	0.00%
55-65 (n=8)	23.53%
66-75 (n=13)	38.24%
76-85 (n=7)	20.59%
86+ (n=3)	8.82%

Language	Count
English	32
Spanish	0
Other	0
Total Responses	32
Total Respondents	34

Language (N=34)	
	Percentages
English (n=32)	94.12%
Spanish (n=0)	0.00%
Other (n=0)	0.00%

Services Requested	
	Count
Medical	14
Transportation	11
Home Repair	9
Social	8
Food	8
Housing	7
Excercise	6
Support	6
Computer	6
Health	5
Insurance	3
Mental	4
Caregiving	4
Clothing	3
Legal	3
Educational	1
Other	0

Services Requested (N=34)	
	Percentages
Medical (n=14)	41.18%
Transportation (n=11)	32.35%
Home Repair (n=9)	26.47%
Social (n=8)	23.53%
Food (n=8)	23.53%
Housing (n=7)	20.59%
Excercise (n=6)	17.65%
Support (n=6)	17.65%
Computer (n=6)	17.65%
Health (n=5)	14.71%
Insurance (n=3)	8.82%
Mental (n=4)	11.76%
Caregiving (n=4)	11.76%
Clothing (n=3)	8.82%
Legal (n=3)	8.82%
Educational (n=1)	2.94%
Other (n=0)	0.00%

Source of News Information	
	Count
TV	23
Newspaper	6
Radio	4
Internet	13
All	3
Total Responses	49
Total Respondents	34

Source of News Information (N=34)	
	Percentages
TV (n=23)	67.65%
Newspaper (n=6)	17.65%
Radio (n=4)	11.76%
Internet (n=13)	38.24%
All (n=3)	8.82%

Housing Circumstance	
	Count
Rent	17
Own	11
Homeless	3
Displaced	0
Total Responses	31
Total Responder	34

Housing Circumstance (N=34)	
	Percentages
Rent (n=17)	50.00%
Own (n=11)	32.35%
Homeless (n=3)	8.82%
Displaced (n=0)	0.00%

Emergency Contact	
	Count
Yes	30
No	0
Total Responses	30
Total Respondents	34

Emergency Contact (N=34)	
	Percentages
Yes (n=30)	88.24%
No (n=0)	0.00%

Veteran	
	Count
Yes	6
No	25
Total Responses	31
Total Responder	34

Veteran (N=34)	
	Percentages
Yes (n=6)	17.65%
No (n=25)	73.53%

Vet Spouse	Count
Yes	8
No	22
Total Responses	30
Total Respondents	34

Vet Spouse (N=34)	
	Percentage
Yes (n=8)	23.53%
No (n=22)	64.71%

Access to Internet	
	Count
Yes	23
No	0
Total Responses	23
Total Responder	34

Access to Internet (N=34)	
	Percentages
Yes (n=23)	67.65%
No (n=0)	0.00%

Disabled	Count
Yes	11
No	0
Total Responses	11
Total Respondents	34

Disabled Percentages (N=34)	
	Percentages
Yes (n=11)	32.35%
No (n=0)	0.00%

Available Services in Use by Senior Citizens	
	Count
Food Distributor	6
MB Sr. Center	4
Community Dinn	4
MB Community (3
Los Osos Cares	1
Cayucos Sr. Ctr.	0
Meals/Connect	0
Total Responses	4
Total Responder	34

Available Services in Use by Senior Citizens (N=34)	
	Percentages
Food Distributor	17.65%
MB Sr. Center (r	11.76%
Community Dinn	11.76%
MB Community (8.82%
Los Osos Cares	2.94%
Cayucos Sr. Ctr.	0.00%
Meals/Connect (0.00%

Additional Needs of Senior Citizens in Morro Bay (n=14)		
Low Income Auto Insurance		
Showers		
Laundry		
Internet Access (not from the library)		
Printer		
Storage		
Outdoor Tables		
Place to Make Food		
Sleeping Bags		
Blankets		
Tarps		
Jackets		
Screen Door Prescreened		
Police Liaison		
Police Department Awareness Education on Houseless People		

Cayucos

Estero Bay Senior Citizen Need Assessment Survey Responses from Senior Citizens in Cayucos

Total Number of Respondents (N=17)

Age Distribution	
	Count
<55	0
55-65	9
66-75	4
76-85	1
86+	2
Total Responses	16
Total Respondents	17

Age Distribution (N=17)	
	Percentages
<55 (n=0)	0.00%
55-65 (n=9)	52.94%
66-75 (n=4)	23.53%
76-85 (n=1)	5.88%
86+ (n=2)	11.76%

Language	
	Count
English	16
Spanish	0
Other	0
Total Responses	16
Total Respondents	17

Language (N=17)	
	Percentages
English (n=16)	94.12%
Spanish (n=0)	0.00%
Other (n=0)	0.00%

Services Requested	Count
Computer	9
Food	8
Excercise	8
Medical	5
Social	5
Transportation	4
Educational	4
Clothing	4
Housing	3
Support	3
Home Repair	3
Mental	2
Caregiving	1
Health	1
Insurance	0
Other	0
Legal	0
Total Responses	60
Total Respondents	17

Services Requested (N=17)	Percentages
Computer (n=9)	52.94%
Food (n=8)	47.06%
Exercise (n=8)	47.06%
Medical (n=5)	29.41%
Social (n=5)	29.41%
Transportation (n=4)	23.53%
Educational (n=4)	23.53%
Clothing (n=4)	23.53%
Housing (n=3)	17.65%
Support (n=3)	17.65%
Home Repair (n=3)	17.65%
Mental (n=2)	11.76%
Caregiving (n=1)	5.88%
Health (n=1)	5.88%
Insurance (n=0)	0.00%
Other (n=0)	0.00%
Legal (n=0)	0.00%

Source of News Information	
	Count
TV	5
Newspaper	3
Radio	0
Internet	3
All	3
Total Responses	14
Total Respondents	17

Source of News Information (N=17)	
	Percentages
TV (n=5)	29.41%
Newspaper (n=3)	17.65%
Radio (n=0)	0.00%
Internet (n=3)	17.65%
All (n=3)	17.65%

Housing Circumstance	
	Count
Rent	11
Own	6
Homeless	1
Displaced	0
Total Responses	18
Total Respondents	17

Housing Circumstance (N=17)	
	Percentages
Rent (n=11)	64.71%
Own (n=6)	35.29%
Homeless (n=1)	5.88%
Displaced (n=0)	0.00%

Emergency Contact	Count
Yes	14
No	3
Total Responses	17
Total Respondents	17

Emergency Contact (N=17)	Percentages
Yes (n=14)	82.35%
No (n=3)	17.65%

Veteran	Count
Yes	3
No	12
Total Responses	15
Total Respondents	17

Veteran (N=17)	Percentages
Yes (n=3)	17.65%
No (n=12)	70.59%

Vet Spouse	Count
Yes	1
No	14
Total Responses	15
Total Respondents	17

Vet Spouse (N=17)	Percentage
Yes (n=1)	5.88%
No (n=14)	82.35%

Available Services in Use by Senior Citizens	
	Count
Cayucos Sr. Ctr.	7
Food Distribution	4
Meals/Connect	2
Los Osos Cares	2
Community Dinner	1
MB Sr. Center	0
MB Community Ctr.	0
Total Responses	16
Total Respondents	17

Available Services in Use by Senior Citizens (N=17)	
	Percentages
Cayucos Sr. Ctr. (n=7)	41.18%
Food Distribution (n=4)	23.53%
Meals/Connect (n=2)	11.76%
Los Osos Cares (n=2)	11.76%
Community Dinner (n=1)	5.88%
MB Sr. Center (n=0)	0.00%
MB Community Ctr. (n=0)	0.00%

Additional Needs of Senior Citizens in Cayucos (n=10)	
Bike Racks and Locks	
Laundry	
Animal Care	
Porta Potties	
Prescription Drug Help	
Help with Utilities	
Help with Prescription Drug Costs	
Hairdresser	
Help with Symptoms of Isolation	
Help with Depression During COVID-19	
Help with Grocery Shopping	

Disabled	
	Count
Yes	5
No	0
Total Responses	5
Total Respondents	17

Disabled Percentages (N=17)	
	Percentages
Yes (n=5)	29.41%
No (n=0)	0.00%

Access to Internet	
	Count
Yes	9
No	0
Total Responses	9
Total Respondents	17

Access to Internet (N=17)	
	Percentages
Yes (n=9)	52.94%
No (n=0)	0.00%